מצות עשה

שמות כג:כה) We learn this mitzvah from Parshas Mishpatim: שמות כג:כה)

ה׳ אלקיכם

Today's mitzvah is the same as yesterday's — that we need to serve Hashem through davening.

## Rambam: Hilchos Tefillah

## **PEREK BEIS**

We said yesterday that there are 18 brachos in Shmoneh Esrei (that's what Shmoneh Esrei means — 18!). But if you count them, you will find NINETEEN brachos.

This is because in the time of Raban Gamliel, there were a lot of people who tried to get the Yidden to stop listening to the things the Chachomim said they should do. So Rabban Gamliel added another bracha (Velamalshinim), asking Hashem to stop those people.

## PEREK GIMMEL

In Perek Gimmel, we learn about the right times for each tefillah. If we miss davening in these times, we are supposed to daven Shemoneh Esrei twice in the next tefillah.

## PEREK DALED

There are five things that we need to take care of before davening, or else we are not allowed to daven:

- 1) Washing our hands
- 2) Making sure we are tznius'dik
- 3) The place has to be appropriate for davening (not in a bathroom or garbage dump)
- 4) Making sure there is nothing distracting us (like making sure we don't need to go to the bathroom)
- 5) Making sure we can have kavana (like not to daven when we are angry)