


מצוות
עשה
#10

 We learn this mitzvah from Parshas Vaeschanan: (דברים וז):

וּדְבַרְתָּ בֵּם
בְּשַׁבְּתֶךָ בְּבֵיתְךָ

We need to say *Shema* every day, in the morning and at night. The *posuk* we learn this *mitzvah* from is one of the 12 *pesukim*, *Veshinantam!* Because this is a *mitzvah* that has a specific time, women don't have to keep it.

 The details of this mitzvah are explained in Mishnayos & Gemara:
Mesechta Brachos

מצוות
עשה
#5

 We learn this mitzvah from Parshas Mishpatim: (שמות כג:ב)

וְעַבַדְתָּם אֶת
ה' אֱלֹהֵיכֶם

We need to *daven* to Hashem. In the Torah, this is called *Avodah*.

Shema

Moshe Rabbeinu told the Yidden that when they go into Eretz Yisroel, they will need to say *Kriyas Shema* two times every day, so that they will be *mekabel Ol Malchus Shomayim* and be ready to have *Mesiras Nefesh* for Hashem.

But didn't Moshe promise the Yidden that Hashem will make the other nations afraid of them? They won't NEED to have *Mesiras Nefesh*. So why do the Yidden need to remind themselves about it two times a day?

The Alter Rebbe explains (in *Tanya Perek Chof-Hey*) that the *Yetzer Hara* tries to keep a Yid from doing *mitzvos*, by telling him that the *mitzvah* will

be hard or uncomfortable. But when someone is ready to even have *Mesiras Nefesh*, that won't scare him away from doing the *mitzvah*! He is ready to do whatever Hashem wants — no matter what!

That's why the Yidden need to say *Shema* every day. They need to remind themselves that they are ready to even have *Mesiras Nefesh* to do what Hashem tells us to. This way, they will be able to ignore their *Yetzer Hara* and do every *mitzvah* in Eretz Yisroel!

The same is with every Yid, in every generation. When we say *Shema*, we give ourselves the *koach* to win over our *Yetzer Hara* and keep every *mitzvah* — no matter what!

Rambam: Hilchos Kriyas Shema, Hilchos Tefillah

PEREK GIMMEL

In *Perek Gimmel*, we learn many *halachos* about where we are allowed to say *Shema*. A person can't say *Shema* in a smelly place or in a bathroom.

PEREK DALED

Some people don't have the *mitzvah* to say *Kriyas Shema* every day. For example, women have a different kind of *Avodas Hashem*, so they don't have to do certain *mitzvos* that have a specific time, like saying *Kriyas Shema*.

Now we finish this set of *halachos*, and start learning *Hilchos Tefillah*!

PEREK ALEF

From the time of Moshe Rabbenu until Ezra Hasofer, there was no *nusach* for *davening* — everyone *davened* in their own words in *Lashon Kodesh* when they needed something.

Later, Yidden couldn't properly express themselves in *Lashon Kodesh* anymore. So the *Anshei Knesses Hagedolah* wrote *Shemoneh Esrei* for everyone to say.

The first three *brachos* say how special Hashem is, and the last three *brachos* say “thank You” to Hashem. In the middle there are many *brachos* that ask Hashem for things that Yidden need.

The *Chachomim* also made set times for *davening* the different *tefillos* each day, that match up to the times when *korbanos* were brought.