מצות

We learn this mitzvah from Parshas Naso:

Today's mitzvah is again that if someone does an aveira (Chas Veshalom!) he needs to SAY to Hashem what he did and ask Hashem to forgive him.

The details of this mitzvah are explained in Mishnayos & Gemara: End of Mesechta Yoma

## Rambam: Hilchos Teshuvah

## PEREK DALED

We learn about 24 things that make it harder for a person to do teshuvah.

There are some aveiros that are very serious. If a person does them, Hashem won't help him do teshuvah! For example, if someone makes other people do the wrong thing, Hashem won't help him do teshuvah.

There are also some aveiros that a person thinks aren't such a big deal, and they won't even TRY to do teshuvah for them. For example, a person might look at non-tznius pictures, and thinks that since he isn't DOING anything, it isn't a problem. But really, a person needs to do teshuvah for it, because it is the cause for very serious aveiros!

## PEREK HEY

The Rambam reminds us that we always have a choice to do the right thing, what Hashem wants - or chas veshalom NOT the right thing.

It's also our choice that if we see we didn't do what Hashem wants, we can right away do teshuvah and start doing the RIGHT thing again.

## PEREK VOV

In Perek Vov, the Rambam shows us how many pesukim and stories of Torah don't contradict what we learned, that a person has free choice to act in the right way.